

DRESS ATTIRE



Required Dance Clothing and Shoes 2025 - 2026 Term

WHERE TO PURCHASE YOUR CHILD'S CLOTHING:

Bodythings
7337 Macleod Trail SW #236
(403) 278-5440



A dance dress code isn't just about looking cute—it's about building confidence, discipline, and unity! Here are some top benefits of a solid dress code for your dancers:

- **Consistency & Professionalism:** A dress code ensures everyone looks and feels like part of the team.
- **Focus on Technique:** When everyone's in the same attire, it helps the dancers focus on their movements, not their clothes.
- **Safety First:** Proper footwear and attire prevent injuries and give dancers the freedom to move safely.
- **Confidence Boost:** Wearing the right gear can make dancers feel prepared and ready to conquer the dance floor!

So, let's get ready to shine in those dance outfits!

Disney Make Believe / Hippity Hop & Disney Stars Ages 3/4/5

Shoes: Bloch Belle Pink Leather Full Sole Slipper (Style #S0205)

Bodysuit: Pink Mondor Tank Bodysuit (Style #1645)

Pink Chiffon Skirt: Pink Mondor Chiffon Circle Pull-on Skirt (Style #16207)

Tights: Mondor Full Foot Tights, Ballerina Pink (Style #310)

Hair: pulled back into a neat ponytail.

Ballet / Jazz Combo Ages 5/6/7

Ballet Shoes: Capezio Pink Leather Hanami Ballet Slippers Split Sole with Elastics (Style #2038C children's)

Jazz Shoes: Capezio E-Series Beige Split Sole Jazz Shoes (Style #EJ2C children's)

Bodysuit: Mondor Black Tank Style (Style #1645)

Tights: Mondor Full Foot Tight (Style #310) in colour Lt Tan

Hair: neatly secured into a ballet bun.

Ballet / Jazz Combo Ages 8-11

Ballet Shoes: Capezio Pink Leather Hanami Ballet Slippers Split Sole with Elastics (Style #2038C children's & #2038W women's)

Jazz Shoes: Capezio E-Series Beige Split Sole Jazz Shoes (Style #EJ2C children's & #EJ2 women's)

Bodysuit: Capezio Black Wide Strap Pinch Front Camisole Bodysuit. (Style #SE1012)

Shorts: Mondor Black Jazz Shorts (Style #11608)

Tights: Mondor Convertible Tights (Style #314) in colour Lt Tan

Hair: neatly secured into a ballet bun.

Musical Theatre / Tap Combo

Dancers are required to wear beige tights, their black bodysuit, and black jazz shorts ([Mondor Black Jazz Shorts, Style #11608](#)). Beige jazz shoes are needed for jazz portions of the class, while black tap shoes ([Capezio Black "Mary Jane" Velcro Tap Shoes, Style #3800C](#)) are required for tap. Hair should be neatly secured in a bun.

Hip Hop

Black sweatpants, white t-shirt, indoor runners.

*no exceptions we want to keep the floor safe and clean.

HAIR: We ask for your help in ensuring that your child arrives at dance with her hair neatly pulled back into a bun please. There are important reasons for this, kindly take a moment to review.

- Hair pulled up and off the face exposes your child's neck, head, and spine, allowing us to ensure proper posture and development.
- A neat ballet bun and proper dance attire help us quickly identify and correct body alignment.
- Keeping hair secured and out of the face eliminates distractions, helping your child focus and learn more effectively.
- A well-done bun sets the tone for class, putting students in the right mindset for learning.
- Self-discipline and dance dress attire go hand in hand.

Tip: Please purchase "hair pins" from Shoppers or Bodythings. Regular "bobby pins" will not hold a bun securely in place.

Inter and Advanced Dancers:

Black Bodysuit

Pink or beige tights

Black shorts

Black chiffon wrap skirt

Shoes: for all classes