



COUNTERPOINT DANCE ACADEMY

Dress Requirements

403.251-0896

www.counterpointdance.com



BALLET

Ballet A/Pre-Jazz, Ballet B

- Pink ballet tights
- Pink R.A.D. cotton tank leotard
- Pink cotton gathered skirt
- Pink ballet shoes with elastic sewn over the instep of the shoe, no split soles
- Hair pulled back in a bun

Grade One and Two

- Pink ballet tights
- Pink R.A.D. cotton tank leotard with an elastic waistband
- Pink ballet shoes with elastic sewn over the instep of the shoe, no split soles
- Character shoes (information to follow in November)
- Character skirt will be provided by the studio

Grade Three – Five

- Navy blue R.A.D. leotard with an elastic waistband
- Pink ballet shoes with ribbons, no split soles
- Hair pulled back in a bun
- Character shoes (information to follow in November)
- Character skirt will be provided by the studio

Grade Six – Eight

- Pink ballet tights
- Burgundy tank style leotard
- Black wrap chiffon skirt
- Pink canvas split sole ballet slippers with elastics
- Hair pulled back in a bun
- Character skirt and shoes (information to follow in November)

Intermediate, Advanced

- Pink ballet tights
- Black sleeveless leotard
- Pink ballet shoes with ribbons (split soles ARE allowed)
- Soft Pointe shoes

Disney's Make Believe

- Pink Ballet Slippers
- Pink tank leotard
- Pink tights
- Hair pulled back in a bun

Lyrical

- Black sleeveless bodysuit
- Black jazz shorts*optional
- Black tights, foot undies or jazz shoes
- Hair pulled back in a ponytail
- Black jazz shoes

Pointe shoes: Purchasing a pair of pointe shoes please note: you need to phone Bodythings or Classique to book a pointe shoe fitting. Please have your dancer bring pointe shoes to first pointe class to show teacher before sewing ribbons on.

JAZZ

JUNIOR A, B, C

- Beige full foot tights
- Black sleeveless bodysuit
- Beige jazz shoes, split soles
- Hair pulled back into a ponytail

PRE-INTER AND HIGHER

- Black full foot tights
- Black sleeveless bodysuit
- Black split sole jazz shoes
- Hair pulled back into a ponytail
- Black jazz shorts

TAP

TAP/JAZZ COMBO, JUNIOR A, B, C

- Beige full foot tights
- Black bodysuit
- Black "Mary Jane" tap shoes
- Hair pulled back into a ponytail

PRE INTER AND HIGHER LEVELS

- Black full foot tights
- Black sleeveless bodysuit
- Black Capezio lace up tap shoes
- Hair pulled back into a ponytail

HIP HOP

- Black sweat-pants, t-shirt of own color choice, indoor runners

WHERE TO PURCHASE YOUR OUTFITS:

Bodythings -- 12445 Macleod Tr. S.W. -- Avenida Shopping Centre-- ☎ 403.278-5440

OR

Classique Dance Wear – 6624 Center Street South - ☎ 403.263-4828

POLICIES AND REGULATIONS

Promptness

We ask that you arrive on time to prevent class disruptions. Proper warm-up occurs at the beginning of each class and is extremely important in the prevention of injuries.

Please be on time to pick up your child and encourage them to wait inside our building until your arrival.

Absences

Dance training must occur regularly to improve skills. Irregular attendance may effect a child's ability to advance through our curriculum of increasingly more complex levels of dance. Unfortunately, make up classes are not offered.

Lost and Found

There is a studio lost and found, however, we recommend that all valuables be left at home as the studio cannot be held responsible for the loss of personal effects. We ask that parents check their child's belongings before leaving each class and encourage you to mark all clothing and shoes with the students' name. Unclaimed items are removed and donated to charity at the end of each term (December, April and June).

Assignment of Class Levels, Exams, Pointe Work

The Artistic Director, in collaboration with teachers, makes all decisions regarding the assignment of class levels; participation in exams; and the appropriate time to begin pointe work. Occasionally a student may be moved to a different class when the student's training would be improved by that change. Regular attendance, concentration, ability to assimilate instruction, and level of interest all contribute to steady growth.

CALENDAR OF EVENTS

2009 - 2010

September 8:Dance Classes Commence
October 10 & 12:Thanksgiving – Studio Closed
September 19th..... Performing Group Placement Class
November 11th.....Remembrance Day-Studio closed
November 23 to November 28:Viewing Week
December 17 to January 4: Winter Holidays - Studio Closed
February 10 to 15:.....Teachers Convention/Family Day –
Studio Closed
March (T.B.A.):.....R.A.D. Ballet Examinations
March 27 to April 6:Spring Break - Studio Closed
May 22 and 24:Victoria Day Weekend- Studio Closed
June 13:.....C.P.D.A. Last Day of Classes
June (T.B.A.):.....Dress Rehearsal
June (TBA).....Recital

*Counterpoint Dance Academy schedules between
32 and 35 classes per year
(in view of the above breaks and school closures).*