



## COUNTERPOINT DANCE ACADEMY

*Dress Requirements*

403.251-0896

www.counterpointdance.com



### BALLET

#### **Ballet A/Pre-Jazz, Ballet B**

- Pink ballet tights
- Pink R.A.D. cotton tank leotard
- Pink cotton gathered skirt
- Pink ballet shoes with elastic sewn over the instep of the shoe, no split soles
- Hair pulled back in a bun

#### **Grade One and Two**

- Pink ballet tights
- Pink R.A.D. cotton tank leotard with an elastic waistband
- Pink ballet shoes with elastic sewn over the instep of the shoe, no split soles
- Character shoes (information to follow in November)
- Character skirt will be provided by the studio

#### **Grade Three – Five**

- Navy blue R.A.D. leotard with an elastic waistband
- Pink ballet shoes with ribbons, no split soles
- Hair pulled back in a bun
- Character shoes (information to follow in November)
- Character skirt will be provided by the studio

#### **Grade Six – Eight**

- Pink ballet tights
- Burgundy tank style leotard
- Black wrap chiffon skirt
- Pink canvas split sole ballet slippers with elastics
- Hair pulled back in a bun
- Character skirt and shoes (information to follow in November)

#### **Intermediate, Advanced**

- Pink ballet tights
- Black sleeveless leotard
- Pink ballet shoes with ribbons (split soles ARE allowed)
- Canvas ballet slippers, criss cross elastics

#### **Princess Make Believe**

- Pink Ballet Slippers
- Pink tank leotard
- Pink tights
- Hair pulled back in a bun

#### **Lyrical**

- Black sleeveless bodysuit
- Black jazz shorts\*optional
- Black tights, foot undies or jazz shoes
- Hair pulled back in a ponytail
- Black jazz shoes

**Pointe shoes:** Purchasing a pair of pointe shoes please note: you need to phone Bodythings or Classique to book a pointe shoe fitting. Please have your dancer bring pointe shoes to first pointe class to show teacher before sewing ribbons on.

### JAZZ

#### **JUNIOR A, B, C**

- Beige full foot tights
- Black sleeveless bodysuit
- Beige jazz shoes, split soles
- Hair pulled back into a ponytail

#### **PRE-INTER AND HIGHER**

- Black full foot tights
- Black sleeveless bodysuit
- Black split sole jazz shoes
- Hair pulled back into a ponytail
- Black jazz shorts

### TAP

#### **TAP/JAZZ COMBO, JUNIOR A, B, C**

- Beige full foot tights
- Black bodysuit
- Black "Mary Jane" tap shoes
- Hair pulled back into a ponytail

#### **PRE INTER AND HIGHER LEVELS**

- Black full foot tights
- Black sleeveless bodysuit
- Black Capezio lace up tap shoes
- Hair pulled back into a ponytail

### HIP HOP

- Black sweat-pants, t-shirt of own color choice, indoor runners

## WHERE TO PURCHASE YOUR OUTFITS:

Bodythings -- 12445 Macleod Tr. S.W. -- Avenida Shopping Centre-- ☎ 403.278-5440

## POLICIES AND REGULATIONS

### **Promptness**

We ask that you arrive on time to prevent class disruptions. Proper warm-up occurs at the beginning of each class and is extremely important in the prevention of injuries.

Please be on time to pick up your child and encourage them to wait inside our building until your arrival.

### **Absences**

Dance training must occur regularly to improve skills. Irregular attendance may effect a child's ability to advance through our curriculum of increasingly more complex levels of dance. Unfortunately, make up classes are not offered.

### **Lost and Found**

There is a studio lost and found, however, we recommend that all valuables be left at home as the studio cannot be held responsible for the loss of personal effects. We ask that parents check their child's belongings before leaving each class and encourage you to mark all clothing and shoes with the students' name. Unclaimed items are removed and donated to charity at the end of each term (December, April and June).

### **Assignment of Class Levels, Exams, Pointe Work**

The Artistic Director, in collaboration with teachers, makes all decisions regarding the assignment of class levels; participation in exams; and the appropriate time to begin pointe work. Occasionally a student may be moved to a different class when the student's training would be improved by that change. Regular attendance, concentration, ability to assimilate instruction, and level of interest all contribute to steady growth.

#### CALENDAR OF EVENTS

**2010 - 2011**

<b>September 7:</b> .....	Dance Classes Commence
<b>September 25<sup>th</sup> AND 26<sup>th</sup></b> .....	Performing Group Placement Class
<b>October 9<sup>th</sup> and 11<sup>th</sup></b> .....	Thanksgiving – Studio Closed
<b>Nov./Dec</b> .....	RAD Ballet Examinations
<b>November 11<sup>th</sup></b> .....	Remembrance Day-Studio closed
<b>Nov. 22 to Nov. 27:</b> .....	Viewing Week
<b>December 16 to January 2:</b> .....	Winter Holidays - Studio Closed
<b>February 16 to 21st:</b> .....	Teachers Convention/Family Day – Studio Closed
<b>April 11<sup>th</sup></b> .....	Perf Group show U of C
<b>March 25 to April 3:</b> .....	Spring Break - Studio Closed
<b>May 27<sup>th</sup> and 28<sup>th</sup></b> .....	Photo Day's - no classes
<b>May 20- 23:</b> .....	Victoria Day Weekend- Studio Closed
<b>May 28<sup>th</sup></b> .....	Recital Dress Rehearsal *date subject to change
<b>June 11<sup>th</sup>:</b> .....	C.P.D.A. Last Day of Classes
<b>June 13<sup>th</sup> and 14<sup>th</sup></b> .....	Recitals

*Counterpoint Dance Academy schedules between  
32 and 35 classes per year  
(in view of the above breaks and school closures).*